



2017-2018 Alliance Coach Bio

Name: [Sarah Rucker](#)

Professional Background:

Sarah Rucker is a Spanish teacher at Hillsboro High in Nashville, TN. She currently teaches Spanish II, Spanish II Honors, and AP Spanish.

Personal:

Sarah has lived in Nashville for the last 7 years. She and husband Cleo Rucker have been married for over 14 years and have two children, Sydney (13) and Miles (10).

Education:

Sarah earned a Bachelor of Arts in Spanish Education from the University of South Florida and has completed coursework toward a Master's Degree in Education with a specialty in Urban Education.

Coaching:

Sarah has been involved with game of volleyball for over 25 years as a player and coach. She is in her 13th year of coaching, and currently the Head Varsity Volleyball coach at Hillsboro High in which she has served for the last 5 years.

Coaching Philosophy:

Coach Rucker's coaching philosophy stresses the importance of accountability, responsibility, team unity, discipline, mental toughness, self-confidence, sportsmanship, and a desire to compete.

Playing Experience:

Sarah played club volleyball in high school and four years of high school volleyball, serving as team captain during her Junior and Senior year. During her Senior year, Sarah led her team to a school State Tournament appearance. She continued playing in college on Intramural court and sand teams. Post college, Coach Rucker continues to play in tournaments and leagues across the city of Nashville and out of state.

Top Volleyball Highlights:

- 2015 11AAA District Champions and advancing to the Regional tournament for the first time in school history
- 2016 11AAA District Champions and advancing to the Regional tournament for the second time in school history
- 2015 Coach of the Year honors as voted on by the other coaches in 11 AAA District
- 2016 Coach of the Year honors as voted on by the other coaches in 11AAA District